

Third Wednesday of Lent

Sculpture Focus: Feet

Theme: Good Tidings are Coming – are you moving toward it? Are you a part of it?

Scripture:

“And how are they to proclaim him unless they are sent? How beautiful are the feet of those who bring good news!” (Romans 10:15)

“Look! On the mountains the feet of one who brings good tidings, who proclaims peace!” (Nahum 1:15)

“How beautiful upon the mountains are the feet of the messenger who announces peace, who brings good news, who announces salvation, who says to Zion, Your God Reigns!” (Isaiah 52:7)

“For you have delivered my soul from death and my feet from falling, so that I may walk before God in the light of life.” (Psalm 56: 13)

“Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet. ¹⁵ I have set you an example that you should do as I have done for you. ¹⁶ Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. ¹⁷ Now that you know these things, you will be blessed if you do them.” John 13:14-17

Reflection and questions to ponder:

“Feet” in Hebrew is from the verb meaning to walk along, to go by foot, or to “teach to walk.”

Where do we hear about teaching – in the great commission.

“Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age.”

Baptism, the water of baptism, the act of baptism is more than a water ceremony. It involves walking, teaching others to walk as disciples. The practice of following Christ, of being a disciple, asks us to consider not only the way things are, but the way God wants them to be.

The primary responsibility of being a follower of Christ is to teach others to walk with Jesus. People who teach others to walk with Jesus have beautiful feet. This is the process of discipleship, and it’s the main function of followers of Christ and the local church. The nature of discipleship is that disciples make other disciples.

The most beautiful feet were those of the best preacher and evangelist ever: Jesus. His feet came from the glory of Heaven and walked the parched places of this earth. Jesus brought Living Water to hearts and lives. The feet of Jesus were nailed to the Cross in order to bring God’s

peace and salvation to us. We honor God and follow Jesus when the Body of Christ (the Church) and its individual members, bring the message of salvation to others.

We believers are not called to be passive witnesses.

1. Are you spending more time accepting or agonizing over the way things are, or casting a vision and working for the way God wants things – relationships, the world, creation – to be?
2. Are you proclaiming the everlasting beauty of the person whose feet were nailed to the cross for you?
3. How beautiful are your feet? As you move through this world, among your friends and family, in your community – are you a messenger, a teacher of peace?
4. What thoughts do you need to allow to be transformed in your life so that you become a greater messenger of good news and glad tidings?

Prayer: *Oh Lord, my feet are dirty. Allow your spirit to humble me, to allow you to wash my feet. Come and pour water in your bowl and wash my feet. Help me to learn from you, to depend upon your strength, grace, and wisdom and not my own. Help me to indeed model my life after yours, humbling myself to wash others' feet.*

*Direct my feet in your paths so that I may become a greater conduit of God's peace and your Good News. Your Good News is present, past, and future. Help me to be a part of your movement. Help me to be your messenger who invites and teaches others to walk in your way.
Amen*