

March 27, 2023

My Soul Cries Out to the Lord!

[Psalm 130](#)

I wait for the LORD; my soul waits and in his word I hope; ⁶ my soul waits for the Lord more than those who watch for the morning, more than those who watch for the morning.

“Out of the depths I cry to you. In darkest places I will call. Incline your ear to me anew, and hear my cry for mercy, Lord!” – Lyrics from *I Will Wait for You* by Shane and Shane.

The first time I heard this song, *I Will Wait for You*, a paraphrase of Psalm 130, it was early summer of 2020. The world was in a dark place. In the church where I serve, I am the worship team leader for our contemporary service.

When the world shut down in 2020, all of that was taken away from me. While I continued to serve and use my talents in other ways, I found myself slowly sinking into dark despair. But as I sat and listened to the song, I felt the weight of all the emotions I had been feeling lightening with every word.

Worship is the one thing that I need to have in my weekly routine to make it through each week. When the world shut down, I no longer had that time on Sundays to worship in the way that I need to worship.

Yes, I was involved in producing a worship service for our congregation, but it wasn't the worship I was used to. Because of this, I spent a lot of time in personal worship. A lot of which was time spent recording special music for our online services and leading in a weekly devotion on Facebook.

Hearing the words, “Out of the depths I cry to you!” was the wakeup call I needed when I needed it most. In that moment my soul awoke, cried out to the Lord, and rose to praise God again with a strength that I hadn't had in what felt like an eternity. My soul was refreshed, and my faith renewed.

Lent, as I understand it, is a time of waiting and preparation for what is the crux of our faith, the death and resurrection of our Messiah. The redemption of the world.

Through this Lenten season, think about the words to Psalm 130. Use them as a prayer and prepare yourself to receive the redemption that Christ brings and to feel the love that only God can give. Wait for the Lord and put your hope in His word.

Prayer: *Out of the depths I cry to you, Lord. From the depth of my heart, you hear my pain. Though I am not worthy, Lord, you show me grace. I wait for the Lord; and put my hope in his word. I put my hope in the Lord. For with him there is faithful love and redemption in abundance. And he will redeem the world. Amen.*

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