

# REGISTRATION

Name: \_\_\_\_\_

Preferred Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

What organization do you represent?

## My donation is:

Monetary contribution

**and/or**

Nonperishable food



# WHO'S MARK?



**MAY 7TH, 1979 - NOVEMBER 26TH, 2021**

Mark was the perfect example of a servant volunteer. He was involved in 4-H and youth group while growing up. He attended First United Methodist Church Buckhannon and Victory Apostolic Church. He was a U.S. Army Veteran, including two tours in Iraq as well as Reserves and National Guard service. Throughout his illness, he continued to serve his community by volunteering in our food pantry.

## Mark Petrosky Memorial **HUNGER WALK**

**Upshur Parish House**  
**October 1st, 2022**

68 College Avenue  
Buckhannon, WV 26201

(304)-472-0743



# ABOUT US

Since 1992, the Upshur Parish House has been a non-profit organization that supports our local residents by providing basic needs. These basic needs include food, utility and rent assistance, clothing, and more.

## Amount of Holiday Food Boxes

### We Provide:

650 each holiday

(Thanksgiving, Christmas, & Easter)

## Number of Families Served with

### Regular Food Boxes:

75-100 families per week

## CONTACT INFORMATION:

[Parishhouse.org](http://Parishhouse.org)

[upshurparish@gmail.com](mailto:upshurparish@gmail.com)

**30**  
YEARS

# WHAT'S NEEDED?

## Holiday Food Boxes:

- Instant Mashed Potatoes
- Canned Green Beans
- Boxed Stuffing
- Gravy Mix Packets
- Jiffy Pie Crust Mix
- Evaporated Milk
- Cranberry Sauce
- Canned Sweet Potatoes
- Canned Corn
- Canned Pork n' Beans
- Boxed Cake Mix
- Canned Yams
- Frosting

## Regular Food Boxes:

- Grape Jelly
- Canned Fruit
- Oats
- Canned Beans
- Canned Tun or Chicken
- Pasta Sauce
- Dish Soap
- Toilet Paper
- Tampons
- Hygiene Items

# HUNGER WALK INFORMATION

## 1 - Bring a donation to participate

A suggested donation of \$5 or a bag of nonperishable items. You are welcome to get sponsors or contribute more. All proceeds will support our food program projects, including our holiday and regular food boxes and general pantry needs.

## 2 - Registration at 8:30 AM

Registration begins at 8:30 AM at the Upshur Parish House. The walk begins at 9:00 AM. We will walk the Buckhannon River Trail, approximately 1.5 miles.

## 3 - Wear that orange!

Wearing orange signifies Hunger Awareness, which is a great way to show your support during the walk. Let's stand out!