

March 21, 2022

In the Wilderness

[Psalm 63:1-8](#)

Comfort and Assurance in God's Presence

A Psalm of David, when he was in the Wilderness of Judah.

7 for you have been my help, and in the shadow of your wings I sing for joy.

These past 24 months have seemed like an eternity in the wilderness. Times of social unrest, uncertainty with a pandemic in our midst. I have felt like an exile among people I used to trust and respect to uphold the sanctity of all life. What is your current wilderness? Have you journeyed there before? What tools helped you survive?

Psalms is a prayer book for exiles designed as a virtual temple. The temple is a place to meet with God and to hear the entire biblical story of God's Kingdom. Being in the temple is to be in God's presence. This prayer book can be used by exiles who are learning to live by God's wisdom and to seek God's justice in the world.

I have been living in the virtual temple, slowly reading and reflecting how I can be an instrument or tool of Peace and Light for the Universe, holding the vision and trusting the process.

In order to transform the world, we need an effective toolbox. In that toolbox are effective tools.

When we realize we have what we need, we are effective in doing what is needed to create transformation. Sometimes a meditation is meant to stir the pot and raise more questions than to provide answers.

Friends and fellow exiles, I will see you in the wilderness as we journey to the Virtual Temple. May we continue to long, as David did, to be in God's presence.

Our spiritual survival would not be long without being fed by our relationship with our Creator God.

***Prayer:** Creator God, lover of life, help us to respect the sanctity of all life and to remember that our version of the world is just one reality. AMEN.*

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