

## WALKING IN THE LIGHT

**Scripture:** Ephesians 5:8-14 (CEB):

March 20, 2020

*“You were once darkness, but now you are light in the Lord, so live your life as children of light. Light produces fruit that consists of every sort of goodness, justice, and truth. Therefore, test everything to see what’s pleasing to the Lord, and don’t participate in the unfruitful actions of darkness. Instead, you should reveal the truth about them. It’s embarrassing to even talk about what certain persons do in secret. But everything exposed to the light is revealed by the light. Everything that is revealed by the light is light. Therefore, it says,*

*Wake up sleeper!  
Get up from the dead,  
and Christ will shine on you.”*

Throughout the season of Lent, we are reminded of the sacrifice Jesus made for us, his children. A common Lenten practice is to “give up” something throughout the 40-day period. This passage from Ephesians is another reminder to us to act as Jesus would want us to. A reminder to act in ways that are just and truth-seeking.

This Lenten season, take a look at any habits or actions you have that may have a negative impact. Consider “giving up” these habits and try forming a new one that allows more light into your life.

As disciples, our purpose in this world is to be Christ’s light and to go out and create more disciples. Bringing people closer to Jesus and helping them along their journey with Christ brings an abundance of light to the earth. As Ephesians says, wake up from your sleep! Be the light that shines brightly alongside Jesus Christ to bring more disciples into His kingdom.

### **Prayer:**

Heavenly Father, we are so thankful to be your disciples and to be able to spread Your word. This world is a dark place, Lord. Guide us through these troubling times in order to spread your goodness and grace. Help us this Lenten season to shine brightly for You and to create more disciples.

In Your holy name we pray,  
Amen

Grace and peace,  
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