



**September 13 - 15, 2019**

**Facebook: [www.Facebook.com/WVDayofHope](http://www.Facebook.com/WVDayofHope) • Twitter: [#WVDayofHope](https://twitter.com/WVDayofHope)**

Dear Friend,

Welcome to the fifth annual West Virginia Day of Hope: A Celebration of Prevention and Recovery, sponsored by the West Virginia Council of Churches, the Community Impact Coalition, and prevention organizations across West Virginia. Last year, the Day of Hope was lifted up in congregations and communities across the state, providing both hope and comfort to families and individuals.

The West Virginia Day of Hope is an opportunity for faith and local communities to focus on solution-oriented discussion and activities to reduce substance use disorder in our state. Our goal is for all faith communities to participate and to continue positive action throughout the year.

The 2019 Day of Hope focuses on the teenage brain and what happens to the brain from the use of substances and alcohol early in a teen's life. Providing education and opening windows for communication for the youth, parents, and community members will help our youth to make good conscious choices and increase a teenager's odds for developing a healthy brain.

Faith and local communities can play an important role in providing space where education and conversation can take place and where hope and healing can occur. Thank you for your prayers, compassion, and commitment to end substance use disorder in our state.



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## Resources on the Web

- **Help & Hope WV:** <http://helpandhopewv.org/prevention-in-your-region.html>  
One of the best prevention resources in WV.
- **Help4WV:** [www.help4wv.com](http://www.help4wv.com). One of the best recovery resources in WV
- **Students Against Destructive Decisions (SADD) WV:** [www.wvsadd.org](http://www.wvsadd.org)
- **Community Anti-Drug Coalition of America:** [www.cadca.org](http://www.cadca.org)
- **Partnership for Drug Free Kids:** [www.drugfree.org](http://www.drugfree.org)
- **Narcotics Anonymous Meetings:** 1-818-773-9999 x771 [www.na.org](http://www.na.org)
- **Center for Substance Abuse Prevention:** [www.samhsa.gov/topics](http://www.samhsa.gov/topics)
- **Alcohol Anonymous Meetings:** 304-231-5867 or 1-800-333-5051 24 hour hotline <http://aawv.org/site/meetings.htm>
- **“WV Day of Hope”** on Facebook
- **“Community Impact Coalition”** on Facebook or [www.impactwv.blogspot.com](http://www.impactwv.blogspot.com)
- **Stigma Free WV:** <https://stigmafreewv.org/>
- **West Virginia Council of Churches:** [www.wvcc.org/day-of-hope.html](http://www.wvcc.org/day-of-hope.html)



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