

NEW YEAR'S RESOLUTIONS

Scripture Luke 4:1 – 13

Wednesday, March 13, 2019

New Year's resolutions, do you make them or not? Have you made one in the past? You're probably thinking, why are we talking about New Year's resolutions? Isn't this a Lenten devotion? A New Year's resolution is a tradition, in which a person resolves to change an undesired trait or behavior, to accomplish a personal goal or otherwise improve their life.

One poll I looked up listed the top resolution for each state for our current year. The number one resolution for 18 states was; exercise to get into shape, coming in second was; to lose weight. However, one poll reports 80% of people don't make it to February with the resolutions and only 8% keep the resolution for a full year. Jesus was led by the spirit into the wilderness, he was tempted for 40 days by the devil. He ate nothing, when the days were completed he was very hungry. The devil told him you're the son of God make the stones into bread. Jesus replied, "it is written, 'Man shall not live by bread alone, but by every word of God.'" "The devil continued to tempt Jesus. However, Jesus repeatedly quoted scripture and did not do as the Devil asked. Finally Jesus answered the devil and said to him, "It has been said, 'you shall not tempt the Lord your God.'"

We face many temptations in our lives. In this Lenten Season let us resolve to become more like Jesus and resist temptation. Maybe, we can make Lenten resolutions to pray more, study our Bible more and share Jesus' love with others. I pray that we can be among those who keep resolutions more than 30 days and make it a lifetime accomplishment, for a closer relationship with our Lord and Savior.

Prayer: Father, God, help us as we desire to follow You, so that we become more like Jesus and less likely to run after the temptations that are presented to us each day. In Jesus name and for His sake we pray, Amen.

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