

SEEDS  HOPE  
OF  
*in a time of waiting*

**Opportunities for individual, family, or congregational action and engagement  
from Bishop Sandra Steiner Ball**

## **Advent 1 – The Promise**

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**I**n these dimmed days of Advent, we are called to remember, we are called to prepare, we are called to make way. Our hope awaits Jesus. It is out of the darkness that light appears as light. It is out of our hope and through our preparation; it is out of our faith in Christ and actions taken out of that faith that light is born. We hope for the Advent of Christ, and as we wait we prepare by bringing forth Christ's light. Opportunities for action and engagement:

1. Take your mission passport (if you don't have one yet, ask your pastor or call your district office) and visit one of our Conference mission sites to learn more about how you can shine Christ's light of hope in the midst of the challenges of life.
2. Be intentional about smiling more.
3. Visit a nursing home and sit with someone who needs to know that someone somewhere cares about them.
4. Take time to contemplate where you can plant additional seeds of hope. Share your ideas with another and ask them to join you in prayer, action, and engagement.