

FRUSTRATION

Jeremiah 18: 18-20

Tuesday, February 27, 2018, 12th Day of Lent

Verse 18a, They said, "Come, let's make plans against Jeremiah;....

This passage really showcases Jeremiah's frustration with the people of Judah and Jerusalem. Instead of the particular story, I want to focus more on the emotion of frustration. It's something all of us face nearly daily. It could be frustration with work, with your family, sports, or even spiritual frustration. Jeremiah was doing exactly what God told him to do, but still the people were rejecting him. Sometimes in our lives it seems as though we are doing everything right, yet still getting no results. This reminds me of my team's cross country season. We never cheated at practice, we always gave it 100%, and everyone was there every single day. We had a lot of success throughout the season, but when it came for the state meet we fell short. This left us questioning what we had done wrong. When we get frustrated, it's easy to want to throw in the towel and give up, but this passage in Jeremiah shows us that God knows frustration. He knows what we are going through and he also knows how to help us. Even if it may seem that everyone else is going to abandon us, God will not. He never fails, He is there even through our frustrations.

Prayer: God, please be with me today. Help me to be more patient when things get tough and to look to you who knows all of my emotions. Help me to love others the way that you have loved me. Amen

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